



E-Newsletter Issue 1/July 2009

Message from the Editor-in-Chief

Dear colleagues:

Here comes the first issue of our ICSPAH e-newsletter since ICSPAH became a society with paid membership in May 2009. The e-newsletter consists of Inside ICSPAH and Outside ICSPAH. The Inside ICSPAH provides the information about our members in terms of what they have accomplished and what is going on among them. The Outside ICSPAH attempts to provide broader views on issues and concerns you might find interesting.

As the editor-in-chief of the e-newsletter, I would like to express my sincere thanks to you all. Without the support, dedication, and commitment from you, the first e-newsletter of this society would not have become possible. I would like to thank the executive committee members, for their hard work and contribution on the news inside our society. I must also express special thanks to those who made contributions to this issue during their busy schedules. Special thanks go to our members who are willing to serve on the committees. Our president, Dr. Ping Xiang, deserves my deep thanks and appreciation for her leadership and coordination.

Please notice that the news Inside ICSPAH only targets members who paid the membership fees thus far. Here I strongly encourage those non-members to join our society at your earliest convenience to share your accomplishments, contribute to and benefit from our society.

Together we achieve! Together we make ICSPAH meaningful and memorable that we will cherish for a life time!

Sincerely,
Zan Gao, Ph.D.
Secretary
ICSPAH

Inside ICSPAH

Recognitions

Dr. Zan Gao has received several notable honors this year: Dr. Gao has been included in the 2010 edition of *Who's Who in America*, and the 2008-2009 *Cambridge Who's Who Among Executives, Professionals and Entrepreneurs*. Dr. Gao was awarded the 2009 American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) Mabel Lee Award, and therefore he became the first Chinese Scholar who received this prestigious award in the field.



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American College of Sports Medicine (ACSM) just published The 2009 ACSM Position Stand (replacing the 1998 ACSM Position Stand) about Exercise and Physical Activity for Older Adults, in a current issue of *Medicine & Science in Sports & Exercise* (MSSE) (Vol. 41, No. 7, pp 1510-1530, July 2009). This new ACSM Position Stand, citing total of 269 references, cited TWO of Dr. Guoyuan Huang's published articles (references #100 and #101) as follow:

100. Huang G, Gibson CA, Tran ZV, Osness WH. Controlled endurance exercise training and VO_2 max changes in older adults: a meta-analysis. *Prev Cardiol.* 2005; 8:217-25.

101. Huang G, Shi X, Brezette JA, Osness WH. Resting heart rate changes after endurance training in older adults: a meta-analysis. *Med Sci Sports Exerc.* 2005; 37(8):1381-6.

Dr. Ming Li, Professor and Director of the School of Recreation and Sport Sciences at Ohio University, has just finished his term as President of the North American Society for Sport Management - the largest professional association in sport management in the world.

Our active member Dr. Yuanlong Liu recently received the Measurement and Evaluation Council of American Association for Physical Activity and Recreation Appreciation Award for his contribution to the journal *Measurement in Physical Education and Exercise Science* (MPEES). Dr. Yuanlong Liu has finished his three years term as the MPEES Editor-in-Chief. He is now serving as the section editor in *Exercise Science* (e.g., biomechanics, sport physiology and sports medicine). During Dr. Liu's term, he worked very hard to promote the quality of the journal. MPEES has now become a profitable and internationally recognized research journal with a 24% acceptance rate. MPEES has authors not only from US but also from many countries in Asia, Europe, and Australia. The readers of MPEES are all over the world.

Dr. Ping Xiang has been selected to receive the 2009 Scholar Award of Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD). Recipients of this annual award have demonstrated a track record of excellence in scholarship. Ping will be recognized at the 85th Annual TAHPERD Convention in Arlington during the Awards Dinner on Friday evening, December 4th, 2009. Dr. Ping Xiang has also been appointed as an Honorable Associate Professor of the Hong Kong Institute of Education (HKIEd) by President Anthony Cheung for a period from July 1, 2009 to June 30, 2010.

Dr. James Jianhui Zhang, Professor in the Department of Tourism, Recreation and Sport Management at the University of Florida, was recently elected as President-Elect of the North American Society for Sport Management at the association's annual conference in Columbia, South Carolina in May 2009.

Dr. Tao Zhang was awarded 2009 AAHPERD Research Consortium Graduate Student Research Award.



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Grants

Recently Dr. Zan Gao has successfully secured a research grant (\$74,041.00) as primary investigator from Robert Wood Johnson Foundation Salud America! Program. This project titled “Integrating Dance Dance Revolution to Promote Urban Latino School Children’s Physical Health and Academic Achievement” attempts to alleviate many of the health disparities and the achievement gaps that are common in underserved Latino communities. The primary goal of the 2-year project is to develop a comprehensive understanding of the impact Dance Dance Revolution has on students’ daily physical activity levels, health-related physical fitness (e.g., body composition, cardiovascular endurance), and academic (reading and math) performance. Our members Drs. Weimo Zhu and Ping Xiang also made significant contributions to this project. Congratulations to these scholars!

Dr. Xiaofen Keating and her team at the University of Texas at Austin received a grant of \$10,000.00 from National Association of Sport and Physical Education (NASPE) for their project entitled: “Fitness Education in K-16 Programs”. Funding for this project is made possible by cooperative agreement from the Centers for Disease Control and Prevention. The Fitness Education Project was designed to provide funding for the development of resources that define the instructional scope and sequence of fitness education concepts and behavioral skills from elementary school through college.

Academic Exchange

Several members of ISCPAH in the United States made presentations at the Advanced Workshop of Faculty Development in Physical Education between China and the United States held from July 5th-7th, 2008, at HuaZhong Normal University, China.

Approximately 200 physical education teachers and graduate students from the middle-south portion of China participated in the workshop. These ISCPAH members included Drs. Jinjin Yang, Jin Wang, Shihui Chen, and Wenhao Liu. In addition, Drs. Jinjin Yang and Wenhao Liu also visited several other universities in China in July, 2008 for presentations on various topics. For more detailed information, please go to the web link [<http://srufaculty.sru.edu/wenhao.liu/index.htm>]. ISCPAH wants to express its sincere thanks to HuaZhong Normal University for sponsoring the workshop, and especially to Drs. Jian Wang and Bin Wang, who organized the workshop and made it a successful one.

During his 2-week trip back to China in May 2009, Dr. Zan Gao made several lecture presentations at universities such as Hunan Normal University [<http://www.tiyuxueyuan.com/Topic.asp?T=5&id=1120>], Xiangtan University, and Hunan Institute of Humanities Science and Technology. The topic of his presentations varied from “*How to write and publish SCI- and SSCI-cited papers?*” to “*The ways to success in the field of physical activity.*” Particularly, his lecture titled “*How to make publications in SCI and SSCI journals?*” has been well received at Beijing Sport University. As a result, he was appointed as the visiting professor of Beijing Sport University. He also made a public speech entitled “*The three bourns of learning*” for approximately 4000 middle school students at Loudi No. 5 Middle School, Loudi, Hunan, China.



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Dr. Li Chen along with his colleagues from Delaware State University visited Beijing Sport University and gave lecture presentations this summer.

Dr. Yongtai Wang took a group of professors from Georgia State University to China in June 2009. They visited Shanghai Sports University, Beijing Sports University, Wuhan Sports University and Medical College of Wuhan University. They gave lectures in Sports Injuries and Rehabilitations at these Universities during their visits. It was a wonderful trip for them.

Dr. James Jianhui Zhang was recently invited to present lectures on sport management and marketing by Shanghai University of Sport and the University of Yangzhou. He enjoyed his visits to these universities.

人类动作发展学科在中国的推介

继 2007 年 10 月 13-27 日美国 10 位学者前往中国十几所著名高校推广介绍了人类动作发展学科之后，由美中三十几位学者历时两年多的时间共同编写的第一本中文《人类动作发展概论》一书，已在 2008 年 9 月由人民教育出版社出版发行。

在今年 5 月 25 日至 6 月 29 日期间，美国威斯康星大学-白水分校的梁国立教授先后前往以下大学推广介绍了人类动作发展这一学科，并对国内的体育课新课标改革与青少年体育运动进行了点评：山东师范大学、扬州大学、浙江大学、西南大学、武汉体育学院和河北科技师范学院。

在这期间，在友成企业家扶贫基金会、友成志愿者阿坝驿站、四川阿坝州扶贫两资以工代赈办公室、阿坝州教育局的积极协调、组织下，梁国立博士代表 Kappa Delta Pi 国际教育荣誉学会做为友成志愿者，于 6 月 6 日至 6 月 9 日先后到 2008 年地震灾区阿坝州的马尔康、理县、茂县、松潘 4 县，对 140 余位体育教师以及文体局骨干进行了培训。

在浙江省高等教育学会体育专业委员会的组织下，浙江省于 6 月 25-26 日举办了人类动作发展讲习班，梁国立博士为来自浙江省各高校的几十位高校体育老师们较系统地介绍了人类动作发展这一学科，及其对中国学校体育与青少年体育运动的意义。

在河北科技师范学院讲学期间，梁国立教授参加了 6 月 28-29 日在该校举办的河北省高校体育专业教学指导委员会的年会，与河北省的体育专家学者们就人类动作发展学科等进行了有效、愉快的交流。

今年 10 月 9-24 日期间，教育部课程教材研究所、中国教育学会体育专业委员会、中国高等教育学会体育专业委员会、中国心理学会体育运动心理学分会、中国体育科学学会运动心理学分会等将联合举办南北两个全国人类动作发展师资培训班，具体承办单位分别是江南大学和天津体育大学。美国的 Greg Payne, Kathleen Williams, Crystal Branta, Jill Whitall, Melinda Solmon, Amelia Lee 和梁国立七位学者将前往讲学，为中国体育、教育界培训该学科的第一批高校师资。



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We are thrilled and inspired that Dr. Jin Wang donated \$1,000.00 to ICSPAH on July 22, 2009. This is the first private donation that our organization has ever received. Dr. Wang, thank you very much for your support of ICSPAH!!!

In 2009, Dr. Gong Chen from Department of Kinesiology at San Jose State University started a series of combative/self-defense instructor training workshops for physical education teachers in middle and high schools in California. This is the first project since Combatives/self-defense became required subjects in the 2005 new California P.E. Standards. This project is sponsored by California Association of Health, Physical Education, Recreation and Dance. Dr. Chen also hosted three visiting professors from Shenyang Sport University and the fourth visiting professor from Shenzhen Technical University in China. These four visiting professors all volunteered to teach physical activities for the SJSU GEAR-UP summer school. The center also hosted the fifth visiting professor from Northwestern Polytechnic University in China In June, and the sixth visiting professor from China Medical University in August.

Dr. Hongwei Guan, with his colleague Dr. Nicholas Quarrier, led a group of 12 students from Ithaca College visited Beijing, Chengdu and Changzhi in China from May 19th to June 2nd. The students learned Traditional Chinese Medicine, Acupuncture, Moxibustion, Health care in China, and Chinese Culture etc. They also visited historical sites including the Great Wall, the Forbidden City, the Summer Palace and the Olympic venues.

Led by Dr. Li Li at Louisiana State University, Dr. Yuanlong Liu at Western Michigan University, Prof. Dong Zhu and colleagues at Shanghai University of Sports, Dr. Jinjin Yang at Southern Connecticut State University and Dr. Ping Xiang at Texas A&M University collaborated and submitted a tutorial proposal for the next year's AAHPERD RC program. The title of the proposal is "Interdisciplinary Research Evaluation: Feasibility of Tai Chi as Lifelong Exercise."

Dr. Ming Li was appointed as Acting Associate Dean in the College of Health and Human Services at Ohio University.

Dr. Wenhao Liu was promoted to Associate Professor at Slippery Rock University in 2009.

Dr. Tao Zhang has accepted a position as an Assistant Professor at the University of North Texas. Congratulations, Tao!

For more detailed information, please visit us online www.icspah.org.

Announcements

1. ICSPAH has established an annual research mini grant program this year. This program aims to encourage collaborative research among our members and will award one research proposal with \$300.00. The call for this grant program will be announced by Oct. 1, 2009.



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2. Dr. Li Li at Louisiana State University is trying to organize an on-going, systematic effort to promote Tai Chi research in health and physical activity related scientific disciplines. This effort includes collaborating on Tai Chi related research projects, research presentations at different national and international scientific conferences, and research and review papers, as well as seeking more funding resources in US and China. What this effort particularly relevant to members of ICSPAH is trying to promote Tai Chi research at AAHPERD annual meetings, as Dr. Li is willing to lead in making a symposium on Tai Chi research an annual event for AAHPERD. So please think about how you might contribute to this effort and more symposia for future AAHPERD annual meetings. Please contact Dr. Li at lli3@lsu.edu if you like to be part of this effort.

3. We now have seven committees consisting of the following members. Many thanks to them!!!

Academic exchange committee

- *Hongwei Guan (Ithaca College)
- Frank Fu (Hong Kong Baptist University)
- Jian Wang (HuaZhong Normal University)
- Jinjin Yang (Southern Connecticut State University)

Assembly committee

- * Ping Xiang (Texas A&M University)
- Li Chen (Delaware State University)
- Jianmin Guan (University of Texas at San Antonio)

By-law committee

- * Guoyuan Huang (Southern Indiana University)
- Ming Li (University of Ohio)

Fund raising committee

- * John Liu (Springfield College)
- Frank Fu (Hong Kong Baptist University)
- Tao Zhang (University of North Texas)

Membership committee

- Siu-yin Cheung (Hong Kong Baptist University)
- *Wenhao Liu (Slippery Rock University)
- Weimo Zhu (University of Illinois at Urbana-Champaign)

Newsletter committee

- * Zan Gao (University of Utah)
- Weiyun Chen (University of Michigan)
- Yuanlong Liu (Western Michigan University)

Research grant committee

- * Xiaofen Keating (University of Texas at Austin)
- Erwei Dong (University of South Alabama)
- James Zhang (University of Florida)

* denotes the committee chair

4. There is an online BBS (http://www.icspah.org/cgi-bin/bbs/bbs_entrance.cgi) available on our website. It is open to every member. If you have any questions, sharing, or inquiries in regards to your teaching or research activities, you can log on and leave your



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messages out there. We will check it periodically and make comments on your messages. However, we will close this online forum if there is none or very few messages on it after three months. We will restructure the categories of our website to make it more informative and meaningful to our members.

Publicity of Our Society

The website of our society (www.icspah.org) has been linked to the website of Beijing Sport University [<http://grs.bsu.edu.cn/Article/ShowArticle.asp?ArticleID=1518>]. It has received more than 2700 hits since Dr. Zan Gao's presentation at this university on May 13th 2009. Thanks to Zan!

If you have questions, concerns or comments to share, please email us at gaogaozan@yahoo.com.

Outside ICSPAH

Publications in high impact factor (IF) journals are now becoming more and more valuable in universities in China. Journal impact factor is updated around June every year from Journal Citation Report (JCR) made by Thomson ISI (Institute for Scientific Information).

Colleges Protect Workers and Cut Elsewhere

Most colleges have steered through the first jolts of the recession without resorting to layoffs, cutting employee benefits, or imposing across-the-board freezes on hiring. But the economic pain is afflicting campuses in many other ways, according to the findings from a new survey of chief business officers conducted last month by The Chronicle and Moody's Investors Service. Slightly more than one in 10 colleges had laid off employees, and another 26 percent were considering doing so, survey responses from more than 200 public and private four-year colleges showed. While few institutions have imposed total freezes on hiring faculty members (5 percent) or staff members (7 percent), more than 40 percent said they had imposed partial freezes on faculty hiring, and nearly 60 percent had done so for other staff positions.

Despite the Economy, Employees Are Upbeat on Many Campuses

The slumping economy has made this perhaps the most difficult year ever to work for a college. Nearly every size and type of institution, rich and poor, has been affected in some way by the lingering financial crisis. The colleges have spread that pain to employees in the form of pay cuts, layoffs, furloughs, and hiring freezes. The good news is that administrators, professors, and staff members on many campuses remain upbeat about their jobs and employers, at least for now. That's according to data from nearly 41,000 employees on 247 campuses that took part in The Chronicle's second annual Great Colleges to Work For survey. College employees are never shy when it comes to complaining about everything from pay to parking to politics, but it turns out that there's also a lot they like about their jobs. When asked to respond to 60 statements about their institutions on a five-point scale, survey respondents gave the highest marks to statements



relating to their understanding of how their jobs contributed to their colleges' mission, the freedom and responsibility they were given in their jobs, and the security and safety on their campuses.

Faculty Raises Are Down Slightly From Last Year

Salaries of college faculty members increased by a median average of 3.7 percent in 2008-9, a lower rate of increase than in 2007-8, a study has found. The study, by the College and University Professional Association for Human Resources, says public doctoral institutions had the smallest increase, at 3.3 percent, down from last year's 4.4-percent growth. Private doctoral institutions had the largest increase, at 4.1 percent. In all, the salaries of faculty members and administrators together grew by 4 percent last year. Only special-focus institutions, including seminaries, law schools, and art schools, saw higher growth rates in salaries than last year, with salaries increasing 4 percent compared with 3.4 percent.

Faculty members at private special-focus institutions enjoyed salary increases of 3.9 percent, while last year they saw a 3-percent increase. Those at public special-focus institutions got 4-percent increases, the same as last year. By position, full professors and associate professors at all private institutions received the highest average increases, at 4 percent, the same as last year. The lowest were received by instructors at public institutions, at 3 percent, down from 3.8 percent.

How is academeia different in 2029?

Let's begin with the basics: reading, writing, and teaching. If anything, Google is even more important. The 2009 author/publisher settlements that allowed Google to sell full access to its book collections didn't revolutionize books in retail, but subscription sales to institutions did fundamentally alter the way libraries think about their digital and analog collections. Access to comprehensive digital libraries allows teachers at any institution to compile virtual syllabi on the fly, seamlessly integrating readings, assignments, communication, and composition.

Automated subscriptions powered by Google's search services deliver articles on any topic or keyword of interest instantaneously; hyperlinked citations and references appear with the original document, as threads in a continuingan ongoing conversation, creating the first genuinely hypertext documents.

Apple's popular iRead application (launched in 2011) enables reading, writing, and recording on virtually any device. Some teachers and students still use laptops or tablets, but others prefer handhelds, like phones or game consoles. But users' inherited assumptions about the casual use of these devices make both teaching and research more closely resemble the activity of online social networks than traditional lectures, seminars, or conferences. Courses typically emphasize collaborative research leading to immediate publication of short bursts of text. Reader feedback then powers incremental improvements and additions.

The curriculum, especially in the humanities, valorizes thoughtful curation and recirculation of material rather than comprehension or originality. The traditional unidirectional model of knowledge transmission (e.g., lecture) has been effectively discredited, although it persists through habit, inertia, and whispered doubts about the



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efficacy and rigidity of the new model. Many professors periodically pause to lecture, but only apologetically, or when distanced by ironic quotation marks.

Many university presses were shuttered in the transition from print to digital, especially those affiliated with public universities looking to shed costs following the catastrophic collapse of the University of California system following state budget cuts in 2020. The remaining presses make up for lost textbook sales by hosting weblogs where established scholars and high-octane amateurs brush shoulders (and compete for shared advertisement revenue). These in turn drive production of traditional monographs, whether published electronically, in print, or both. Scholars also directly market their services as virtual lecturers to students and other institutions. All authors now have a broader view of their audience, across institutions, disciplines, and peer levels.

Everyone is excited, but everything is uncertain. No one knows what will happen next. Just like 20 years ago. ...